

# REDEFINE YOUR HEALTH



*transform*  
**YOUR LIFE**

A ONE YEAR INVESTMENT TO TRANSFORM YOUR LIFE.

## Join the Cheshire Diabetes Prevention Program

PROGRAM KICK-OFF SPRING 2021

INFORMATION SESSION REQUIRED FOR REGISTRATION

CONTACT OLIVIA STACK  
AT (603) 354-6866 OR  
OSTACK@CHESHIRE-MED.COM  
TO REGISTER FOR INFO SESSION

**CHESHIRE**  
**DIABETES**  
**PREVENTION**  
**PROGRAM**

 Cheshire Medical Center  
Dartmouth-Hitchcock  
**PREVENT T2** 